



Resources for your dōTERRA Business

A Compilation



www.paulandvanessajeane.com
www.foodalchemistry.com.au

Contents

| | |
|---|----|
| dōTERRA Tools and Resources Overview | 4 |
| dōTERRA Empowered Success Training | 4 |
| Sales Guide | 5 |
| Learn about Essential Oil Safety..... | 6 |
| doTERRA Online Oil Oasis | 6 |
| Subscribe to dōTERRA's YouTube Channel | 7 |
| dōTERRA Phone Apps | 7 |
| Listen To (Podcasts) | 7 |
| Team Alchemy Resources | 8 |
| Website | 8 |
| Aromatic Dressing | 8 |
| Facebook..... | 8 |
| Eventbrite | 9 |
| YouTube..... | 9 |
| Newsletter | 9 |
| Team Alchemy Team App..... | 9 |
| Team Alchemy Welcome Getting Started Series | 10 |
| Other Useful Tools | 11 |
| Phone Apps..... | 11 |
| Books | 11 |
| Strengths Training..... | 12 |
| Your Virtual Office | 13 |
| Official dōTERRA Sites & Links | 13 |
| Australia | 13 |
| dōTERRA Australia Member Services..... | 13 |
| Our Advocate (Tools for Australia) | 15 |
| Changing Markets | 17 |
| New Zealand | 17 |
| United Kingdom..... | 17 |
| South Africa..... | 17 |
| United States..... | 18 |
| Healing Hands | 21 |
| Co-Impact Sourcing | 21 |
| Corporate Caring | 21 |
| Essential Wellness Education..... | 21 |
| Opportunity and Earnings Disclosure Summary | 21 |
| Aromatic Science | 22 |

| | |
|--|----|
| Source to You | 22 |
| Prime Meridian Health Clinics | 22 |
| Share Success Library – US | 23 |
| dōTERRA Labs | 24 |
| Digital Marketing Kit | 24 |
| doTERRA Social | 24 |
| Link Generator | 25 |
| Official dōTERRA Podcasts | 25 |
| Essential Oil Solutions with doTERRA | 25 |
| Building Your Business with doTERRA-Empowered Success | 25 |
| Official dōTERRA Social Media Sites | 26 |
| Facebook | 26 |
| Instagram | 27 |
| Twitter | 27 |
| Other | 27 |
| doTERRA Owner Social Media Links | 28 |
| Official dōTERRA YouTube Channels | 28 |
| Non-dōTERRA Websites | 29 |
| Essential Oil University | 29 |
| Aromatic Plant Research Centre APRC | 29 |
| Aromatools (USA) | 29 |
| Oil Life | 30 |
| Essential Emotions Training Facebook Group (closed group) | 30 |
| Essential Oil Consumer Reports Facebook Group (closed group) | 30 |
| Environmental Working Group | 30 |
| Mobile Phone Applications - Official | 31 |
| Mobile Phone Applications – Non-Official | 32 |
| Non-Official Essential Oil & Business Podcasts | 33 |
| Meditations | 35 |
| Food Alchemy | 36 |
| Paul and Vanessa Jean | 36 |

DISCLAIMER

Every effort has been made to accurately portray information in this Resources document. However, due to the ever-changing nature of both the internet and the evolution of dōTERRA, some links may change. If in doubt, please contact your dōTERRA member services.

dōTERRA TOOLS AND RESOURCES OVERVIEW

dōTERRA has a proven training program to support you and nourish your growth as a business leader, including detailed personal development resources. In fact, it can be a little overwhelming with how many resources there are now available. Let's look at what we consider the MUST HAVE tools and resources to access/follow/subscribe to and use.

dōTERRA EMPOWERED SUCCESS TRAINING

Always access the Empowered Success training from your own country to remain compliant.

AU: https://www.doterra.com/AU/en_AU/empowered-success

US: <https://www.doterra.com/US/en/empowered-success/tools-library>



| | Simple | Natural Solutions | Live | Share | Build | Launch | Train |
|--------------------|--|---|--|---|--|--|---|
| Why Use | Quickly shares natural solutions to top health concerns Leverages credibility Helps expand someone's vision of what's possible with essential oils | Leads to strong sales and customer enrollments Focuses on meeting the needs of those you're sharing with Teaches simply & effectively | Shares the value of LRP and a wellness lifestyle Introduces more products Enables quick and lasting product success Increases retention | Prepares a host for their class Serves as a soft "Launch" to find and filter capable, committed builders Teaches how to sample and invite | Shares the vision for business opportunity Screens new builders Shows the first steps to build | Trains a new builder Trains on PIPES Maps out how to reach Elite and help others do the same | Teaches skills and strategies to advance your rank Trains team to reach next rank Helps you understand how to train your builders to enable you to reach your next rank |
| When To Use | When you share samples or oil experiences When you invite someone to attend a class | During classes During one-on-ones Anytime you need to teach essential oil basics to anyone | When giving Lifestyle Overviews During continuing Education Classes As a gift as soon as someone enrolls | To set up a host for success When someone wants to host a class | When introducing the business opportunity When showing the dōTERRA difference When detailing why to partner with dōTERRA | When launching your own business When launching a new builder During monthly team trainings | When you want to advance your rank As a gift for hitting a rank During monthly trainings During team trainings |

Access all Empowered Success Tools & Training at: <https://www.doterra.com/US/en/empowered-success>

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READ the Nature's Solution Guide.

READ the Live Guide.

READ the Share Guide.

READ the Build Guide.

LISTEN to Allyse Sedivy Daily Mentor Calls

<https://dailymentorcalls.com/daily-mentor-calls-subscriptionabc123>

SALES GUIDE

AU: https://media.doterra.com/au-otg/en/brochures/AU_Sales_Guide_2019.pdf

Check to see if there is a Sales Guide for your country.

Learn what it takes to become a top-producing salesperson! As you start your sales journey, use the Sales Guide to develop the traits and skills of a top leader. Selling the doTERRA way is all about serving others by reaching out, listening, and connecting people to the solutions they need. When your primary goal is to help others experience life-changing products, selling feels natural.

What You'll Learn

- Critical sales skills in the doTERRA Sales Cycle
- Script ideas from top leaders
- Skill-building activities to improve confidence and success
- How to tally personal Sales Score and set sales goals

The Sales Guide helps business builders confidently find new customers, master critical sales skills, and achieve their sales goals.



READ the Sales Guide.

TAKE the doTERRA Sales Certification Course – receive a Certificate upon completion.

<https://www.doterra.com/US/en/empowered-success/sales-certification-course>



LEARN ABOUT ESSENTIAL OIL SAFETY

AU Safety Information

https://www.doterra.com/AU/en_AU/safety-information

askdoTERRA Safe Essential Oil Usage

https://www.youtube.com/watch?v=6UPIs_mOW2s

Module 5: Safety and Application

https://www.doterra.com/AU/en_AU/essential-oil-safety-and-application

Essential Oils Guide: Safety

<https://www.doterra.com/US/en/blog/healthy-living-essential-oils-guide-safety>

doTERRA eBooks

<https://www.doterra.com/US/en/ebooks>

Safety and Usage

<https://www.doterra.com/US/en/blog/science-wellness-essential-oils-kids>

Essential Oil Safety

<https://www.doterra.com/US/en/dailydrop/lifestyle/30>

Pregnancy & Essential Oils Presentation

<https://www.doterra.com/US/en/pregnancy-essential-oils-presentation>

Kids & Essential Oils Presentation

<https://www.doterra.com/US/en/kids-essential-oils-presentation>

Safe Uses

<https://www.doterra.com/US/en/essentialoils-using-oils-safely>

doTERRA ONLINE OIL OASIS



"We've created the quarterly Online Oil Oasis as the gold standard in essential oil education—hours of incredible insights from experts."

Take a deep dive into lifestyle and wellness with some of our best and brightest. They'll share their advice and expertise on today's most pressing and relevant essential oil topics. So, you can walk away with simple, practical uses to incorporate essential oils into your everyday life.

This quarter, we'll cover informed self-care, which will focus on how to utilize essential oils whenever your body might need a little extra support. Our presenters will explain how to build a daily immune boosting routine, how to manage digestive issues, how to use oils during your pregnancy and so much more! Plus, we'll have a special guest talking about why we created the Online Oil Oasis. You won't want to miss a single minute!"

<https://www.doterra.com/US/en/online-oil-oasis>

View playlist: https://www.youtube.com/playlist?list=PLp3VbOdUkkm3PZiNBFVue50JtS63tFY_I

SUBSCRIBE TO dōTERRA'S YOUTUBE CHANNEL

doTERRA Essential Oils (US site)

<https://www.youtube.com/channel/UCOfpaxKnF8fqjRq05TGNHZQ>

doTERRA Australia & New Zealand

<https://www.youtube.com/channel/UC7sDeN8Oc0QFyGnloTa67Ww>

(or check to see if dōTERRA has an official channel for your country).

dōTERRA PHONE APPS



doTERRA by InfoTrax

Your Back Office on your phone.

<https://apps.apple.com/au/app/doterra/id956782069>



doTERRA Daily Drop by dōTERRA International, LLC

<https://apps.apple.com/au/app/doterra-daily-drop/id1092276833>

LISTEN TO (PODCASTS)



Building Your Business with doTERRA-Empowered Success (Official doTERRA podcast)

iTunes: <https://podcasts.apple.com/au/podcast/building-your-business-with-doterra-empowered-success/id1464920506>



Essential Oil Solutions with doTERRA (Official doTERRA podcast)

https://www.doterra.com/US/en/podcast?fbclid=IwAR1lu3tYd_MYYOGzTCZChjMWfuzoGHUdTXnjzjXMTscP4wV84rYID9ioeqM

iTunes: <https://podcasts.apple.com/au/podcast/essential-oil-solutions-with-doterra/id1450021177#see-all/customers-also-bought>

Check out the Resources Module for additional personal development podcasts we recommend (but are not vital to the start of your business).

TEAM ALCHEMY RESOURCES WEBSITE

www.foodalchemy.com.au

This website is a **resource for you**, feel free to use the material on this website to support your dōTERRA business. You will find hundreds of blends, recipes and oil resources.

AROMATIC DRESSING

Learn about the practice Vanessa Jean developed called Aromatic Dressing and teach this process at your classes.



WATCH: Aromatic Dressing with Vanessa Jean

<https://youtu.be/d87UvP3bhpl>

FACEBOOK

ACTION: Turn on notifications to keep up-to-date with all the postings.

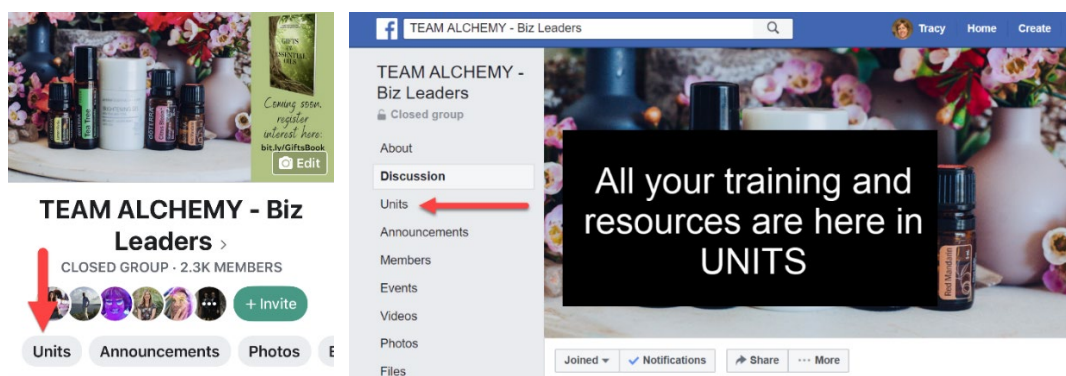
Team Alchemy Biz Leaders Group – for business leaders

(closed group for TEAM ALCHEMY MEMBERS ONLY)

<https://www.facebook.com/groups/teamalchemybizleaders/>

Make sure you answer the questions (1) your dōTERRA ID and (2) your dōTERRA Diamond Upline for us to identify you.

Check out the Facebook Group **UNITS** for MANY resources.



ACTION: Set your diary to attend the weekly Monday night Zoom calls (7pm Perth Australia time). Check out the Events tab in the Facebook group for more information.

Team Alchemy Essential Living Product Support – product users*(closed group for TEAM ALCHEMY MEMBERS ONLY)*<https://www.facebook.com/groups/teamalchemyessentialliving/>

Make sure you answer the questions (1) your dōTERRA ID and (2) your dōTERRA Diamond Upline for us to identify you.

Check out the Facebook Group **UNITS** for MANY resources.

EVENTBRITE

FOLLOW: Paul and Vanessa Jean on Eventbrite to keep up to date with events.

<https://www.eventbrite.com.au/o/paul-and-vanessa-jean-17627876373>**YOUTUBE**

SUBSCRIBE: to the Paul and Vanessa Jean YouTube Channel

<https://www.youtube.com/c/PaulandVanessaJean>**LISTEN TO:**

Ranking with Consciousness - a Meditation with Vanessa Jean:

<https://www.youtube.com/watch?v=vEcSIfZZIhA>

Beacon of Light Meditation with Vanessa Jean 031017:

<https://www.youtube.com/watch?v=6N7FAeWKths&t=8s>**NEWSLETTER**

SUBSCRIBE: to the Food Alchemy newsletter

<http://bit.ly/FoodAlchemy>**TEAM ALCHEMY TEAM APP**

JOIN: To communicate outside of Facebook, please request to join the following groups in our Team Alchemy Team App: (TEAM ALCHEMY members only)

1. Biz Leaders
2. Essential Living Product Support

TEAM ALCHEMY WELCOME GETTING STARTED SERIES

Get started here: <http://bit.ly/TeamAlchemyGetStarted>

We will be sending you daily emails for the first month which will include short and info-dense videos (most videos are about 5 minutes long), often with other supporting resources, designed to get you safely and confidently using your essential oils in many ways.

Please feel free to download the resources we send you, print them off if that's what you like to do, or create your own digital library.

We've created a PDF to help you get the most out of your Home Essentials Kit/Family Essentials kit and Fractionated Coconut Oil (FCO) and Wild Orange essential Oil.

Topics Covered in this Series

- Introduction and Safety
- Your doTERRA Welcome Pack Explained
- Unboxing and Using Your Petal Diffuser
- Paul - Some of My Favourite Essential Oils
- Linen Spray and Purefume Roller
- Aromatic Dressing with Vanessa Jean
- Sleep Support
- Lavender Peace Epsom Salts
- Layering for Body Discomfort Part 1
- Layering for Body Discomfort Part 2
- Owie Spray
- Easy Air Chest Support Spray
- Steam Inhalation
- DigestZen Tummy Support Spray
- Multi-Purpose Cleaner
- Cleaning with your Essential Oils
- The On Guard Range
- Making Antibacterial Wipes
- Making Your Own Hand Sanitizer
- The Key Chain
- Food Flavouring with the Home Essentials Kit Oils
- Making Bliss Balls
- Dressing your Bliss Balls in Cloaks of Love
- Making Raw Chocolate
- Raw Chocolate Flavoured with Essential Oils as a Dipping Sauce
- How to Make a Raw Chocolate Slice
- Making a Raw Chocolate Mousse
- How to Make a Cacao Elixir
- On Guard Apples
- Date Sandwiches
- Tea Infused with Essential Oils
- Travelling with Essential Oils
- Focus with Essential Oils
- Lifelong Vitality Pack

OTHER USEFUL TOOLS

PHONE APPS



EoEbooks

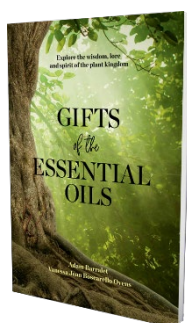
<https://apps.apple.com/au/app/eoebooks/id1264769388>



Essential Emotions

<https://apps.apple.com/au/app/essential-emotions/id1147824917>

BOOKS



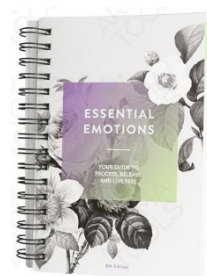
Gifts of the Essential Oils

<http://bit.ly/ShopAdam>

<https://www.oillife.com/products/gifts-of-the-essential-oils>



The Essential Life



Essential Emotions



Audible

<https://apps.apple.com/us/app/audible-audiobooks-originals/id379693831>

A great app to download. Pay a monthly subscription which gives you a book per month and you can purchase extras at great prices. A great way to self care, stay inspired and love your life.

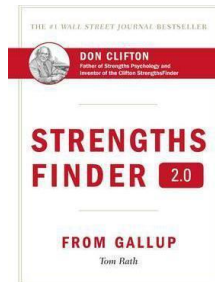
STRENGTHS TRAINING

Purchase the book from Book Depository (free worldwide postage) and receive your free code to unlock your top 5 strengths. Note: we recommend you unlock the full 34 strengths for a deeper insight into your strengths.

<https://www.bookdepository.com/StrengthsFinder-2-0/9781595620156>

Take the Gallup Strengths Finder Test HERE:

<https://www.gallup.com/cliftonstrengths/en/home.aspx>



See all the dōTERRA StrengthsFinder resources in Empowered Success – You.

YOUR VIRTUAL OFFICE

<http://doterra.myvoffice.com>

www.mydoterra.com

Access your virtual office to manage your dōTERRA business, place orders, enrol new members, and view upcoming events. You need to enter your Wellness Advocate number and password to gain access.

Contact Member Services (02) 8015 5080 if you need help with this, or your enroller.

OFFICIAL DōTERRA SITES & LINKS

AUSTRALIA

https://www.doterra.com/AU/en_AU

271 Wellington Road, Mulgrave Vic 3170

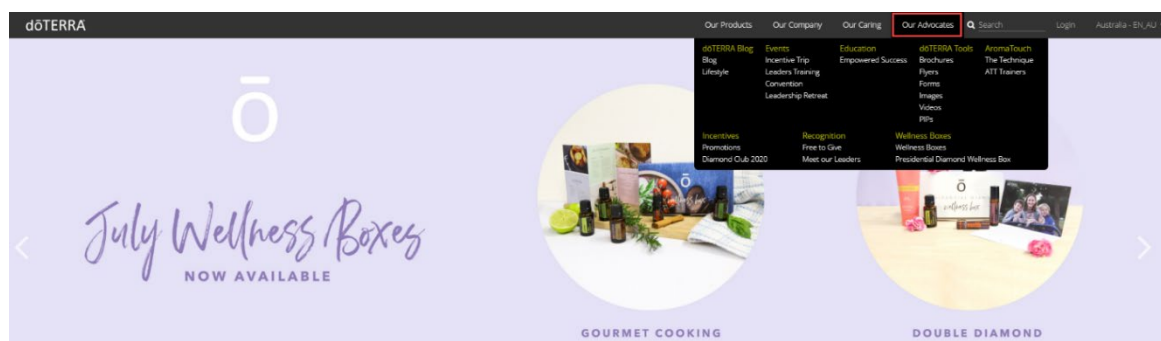
DōTERRA AUSTRALIA MEMBER SERVICES

- **General help line is (02) 8015 5080**
- **Member Services email:** australia@doterra.com
 - Processing personal orders
 - Processing enrolments
 - Handling shipping issues
 - Returns, exchanges and refunds, breakages or leaks
 - Promotional enquires and exceptions
 - Marriage or Legal Name Change
 - Updating Email/Shipping/Billing Address or Phone Number
- Account Manager (Silver and above) – **have a separate phone number** (which will be advised when the rank of Silver is reached)
- **Account Information Change Form - AU**
 - Use this form to update your email, shipping/billing address or phone number information
 - Legally change your name (excluding divorce)
 - Add a co-applicant or switch primary and co-applicant names
 - Change an account from personal to business entity

<https://media.doterra.com/au-otg/en/forms/account-information-change-form.pdf>

- **For assistance upgrading from Wholesale Customer to Wellness Advocate**
 - On the top right of the Wholesale Customer account, click on upgrade to new Wellness Advocate
 - dōTERRA will email you when a Wholesale Customer upgrades
 - You have a new 14-day opportunity to move
 - If upgrade is less than 90 days, you have 14 days to place in the same sponsor downline
 - If upgraded after 90 days, you have 14 days to move them anywhere in your tree
- **Other dōTERRA Emails**
 - **Placements** placements@doterra.com
 - Changing an Account from Personal to Business Entity
 - Account Transfers
 - Request to change enroller/sponsor
 - Exception requests (forms found on dōTERRA Tools)
 - An exception request is any placement request outside of the normal 14-day sponsor move or one-time enroller change
 - Inactivity and termination queries
 - **Data Entry** dataentry@doterra.com (or fax (03) 9543 4554)
 - Adding a Co-Applicant
 - Switching Primary & Co-Applicant
 - **Product Support** productsupport@doterra.com
 - **Compliance** complianceaunz@doterra.com
 - Account Changes Due to Divorce or Death
 - Duplicate accounts
 - Cross-line recruiting
 - Website misuse
 - **Recognition** recognition@doterra.com
 - Any recognition enquires
 - Rank certificates
 - Questions and queries about the Leadership magazine
 - Any other form of recognition undertaken at a dōTERRA corporate event
 - **Media Query**
 - All media queries should be referred to dōTERRA Corporate. If you receive a query from a journalist or media outlet, please refer them to Head office (email below)
 - media@doterra.com 0011 1 8014377918

OUR ADVOCATE (TOOLS FOR AUSTRALIA)



- **Flyers** https://www.doterra.com/AU/en_AU/flyers including:
 - AU Enrolment kits
<https://media.doterra.com/au-otg/en/flyers/enrolment-kits.pdf>
 - Policy manual
<https://media.doterra.com/au-otg/en/brochures/policy-manual.pdf>
 - Compensation Plan
<https://media.doterra.com/au-otg/en/flyers/compensation-plan.pdf>

Check out the many other flyers available.
- **Forms** https://www.doterra.com/AU/en_AU/forms
 - Account Information Change Form AU
<https://media.doterra.com/au-otg/en/forms/account-information-change-form.pdf>
 - AU Wholesale Price List
<https://media.doterra.com/au-otg/en/forms/au-wholesale-price-list.pdf>
 - AU/NZ Wellness Advocate Agreement Form
<https://media.doterra.com/au-otg/en/forms/wellness-advocate-agreement.pdf>
 - Wholesale Customer Sign Up - AU
<http://www.doterraeveryday.com.au/wp-content/uploads/2017/10/WHOLESALE-CUSTOMER-SIGN-UP-FORM.pdf>

- **Product Information Pages (PIPs)**

This is the official and compliant information that can be used to talk about products.

https://www.doterra.com/AU/en_AU/product-information-pages

- **Promotions**



https://www.doterra.com/AU/en_AU/promotions

- **Education “Empowered Success Training”**

“The Empowered Success training program is designed specifically with you in mind. Download or purchase the guides and class handouts to learn how to get where you want to go.”

https://www.doterra.com/AU/en_AU/empowered-success

- Live Guide
- Share Guide
- Build Guide
- Launch Guide
- Train Guide (Train to Premier and Silver)
- Lead Guide (Lead to Gold)
- Multiply Guide (Multiply to Platinum and Diamond)
- Natural Solutions (Part of the Empower Kit)

- **dōTERRA Gallup Strengthsfinder material**

- dōTERRA Strengths Finder for Builders ebook guide

This guide was created to help you use your strengths as you build your business. It breaks down the vital action steps for building according to your strengths. Based on the collective experience of dōTERRA leaders and builders, these vital action steps are the tasks that have proven to be crucial in building a dōTERRA business.

Download or print this guide to see how your top talents can help you Prepare, Invite, Present, Enroll, and Support.

<https://media.doterra.com/us/en/ebooks/empowered-you.pdf>

<https://www.doterra.com/US/en/empowered-you-home>

- dōTERRA Strengths Videos

<https://www.doterra.com/US/en/empowered-you-living-your-strengths>

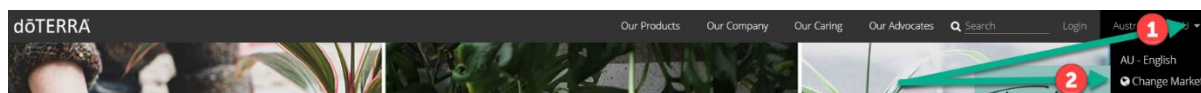
To purchase the book (free delivery) and receive the code to unlock your top 5 strengths, please go to: <https://www.bookdepository.com/StrengthsFinder-2-0/9781595620156>

The Gallup Strengthsfinder website is: <https://www.gallup.com/cliftonstrengths/en/home.aspx>

CHANGING MARKETS

From any region, you can change to another region. Hover over the region at the top right of the screen (Point 1) then click on Change Market (Point 2) and select your desired market.

https://www.doterra.com/AU/en_AU



NEW ZEALAND

https://www.doterra.com/NZ/en_NZ

- NZ Member Services
 - Call (08) 0046 6815
 - newzealand@doterra.com

UNITED KINGDOM

https://www.doterra.com/GB/en_GB/

- UK Member Services
 - Call +44 203 318 0064 (United Kingdom) or +35 316 917 051 (Ireland)
 - europeanorders@doterra.com

SOUTH AFRICA

https://www.doterra.com/ZA/en_ZA

- ZA Member Services
 - mailto:southafrica@doterra.com Call (27) 105002462 for support
 - southafrica@doterra.com

Messenger: m.me/doterrasouthafricaofficial

UNITED STATES

<https://www.doterra.com/US/en>

Member Services: 800-411-8151

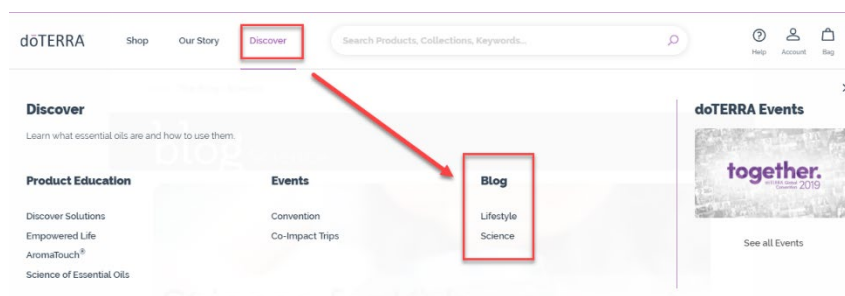
Monday–Friday 8:00 am–8:00 pm MT

Saturday 9:00 am–2:00 pm MT

General service questions: service@doterra.com

When sharing, be aware that the information provided by the US site may not be compliant outside the USA. It is highly recommended you go to your own country specific site and use the information provided there.

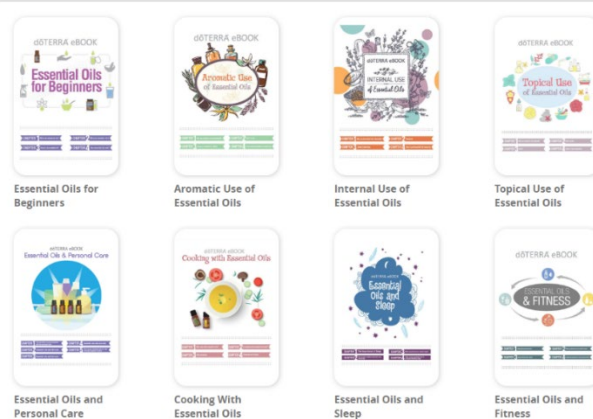
- Company
- Products
- Tools
- **dōTERRA blogs**



- **Product (Living)** <https://doterra.com/US/en/blog-products>
 - Do-it-yourself oil projects
 - Recipes
 - Product spotlight
- **Business** <https://doterra.com/US/en/blog-business>
 - Business training
 - Articles from leaders
 - Recognition
- **Science** <https://doterra.com/US/en/blog-science>
 - Launched in October 2015 by dōTERRA to bring compliant science articles to Wellness Advocates

- **ebooks and digital ebooks** <https://www.doterra.com/US/en/ebooks>

eBooks



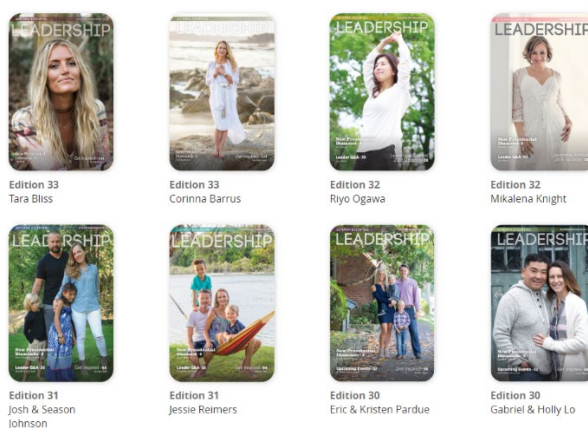
- **Living magazines** <https://www.doterra.com/US/en/magazines/doterra-living>

doTERRA Living Magazines



- **Leadership magazines** <https://www.doterra.com/US/en/magazines/essential-leadership>

Essential Leadership Magazine



- **Presentations** <https://www.doterra.com/US/en/presentations>
 - Downloadable information on oils and oil blends (high quality images)
- Education and Training – “**Empowered Success**” - **documents not to be used within Australia**
<https://www.doterra.com/US/en/empowered-success>
- **AromaTouch Technique** <https://www.doterra.com/US/en/aromatouch-technique>
- **Empowered Life Series** <https://doterra.com/US/en/empowered-life-series>
 - Monthly video series by dōTERRA on a range of products

Empowered Life Series

The Empowered Life Series is a free monthly webinar designed to deliver the very best in essential oil education. Presented by experts, these video classes explain the benefits of essential oils and natural solutions. Each month, they bring you fun tips and teach you how to apply and use dōTERRA products. Make sure to join us for our next live webinar! In the meantime, search the archives below to find the essential oil topics and uses you'd like to know more about.



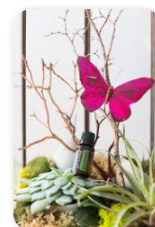
Register Here
Travel Tips



September 2018
Personal Care



August 2018
Mind Over Matter



July 2018
The Great Outdoors



June 2018
Pregnancy Tips



May 2018
Spring Cleaning



April 2018
Daily Lifestyle Habits



March 2018
Live an Active

- **Safety and Application** <https://www.doterra.com/US/en/essential-oil-safety-and-application>

HEALING HANDS



<https://doterrahealinghands.org/>

<https://www.doterra.com/US/en/healing-hands>

Facebook: <https://www.facebook.com/doterrahealinghandsfoundation/>

Instagram: <https://www.instagram.com/doterrahhf/>

Twitter: <https://twitter.com/doterrahhf>

CO-IMPACT SOURCING



<https://www.doterra.com/US/en/co-impact-sourcing>

Also see oil sourcing videos YouTube playlist at

<https://www.youtube.com/watch?v=KXSMxzwy2wU&list=PLp3VbOdUkkm39F9PW5KcYT0psi56GsyYI>

CORPORATE CARING

<https://www.doterra.com/US/en/about-caring>

- Community projects and corporate sponsorships

ESSENTIAL WELLNESS EDUCATION

<https://www.doterra.com/US/en/essential-wellness-education>

- New dōTERRA compiled website with the links for the Wellness Education series

OPPORTUNITY AND EARNINGS DISCLOSURE SUMMARY

- **2018:** <https://media.doterra.com/us/en/flyers/opportunity-and-earnings-disclosure-summary.pdf>

AROMATIC SCIENCE



<http://www.aromaticscience.com/>

RESEARCH and **SCIENTIFIC** site

- The Definitive Source on essential oil science
- Research, education, professional forum

SOURCE TO YOU



<https://sourcetoyou.com/en>

PRIME MERIDIAN HEALTH CLINICS



<https://pmhclinics.com/>

"We combine proven methods of healthcare delivery with a subscription model to make managing your healthcare needs as easy as possible."

SHARE SUCCESS LIBRARY – US

<https://www.sharesuccess.com/library/>

- Wellness Consult sheets
- Live, Share, Build, Launch Guides
- Class Food Ideas
- Rank Planners
- Expand your Contacts worksheet

The Live, Share, Build Guides are now officially by dōTERRA (previously a separate company – “Share Success” who developed them), therefore, use the official Empowered Success guides from dōTERRA that relate to your country. This site has other great learning material, including recommended reading for each rank.

dōTERRA LABS

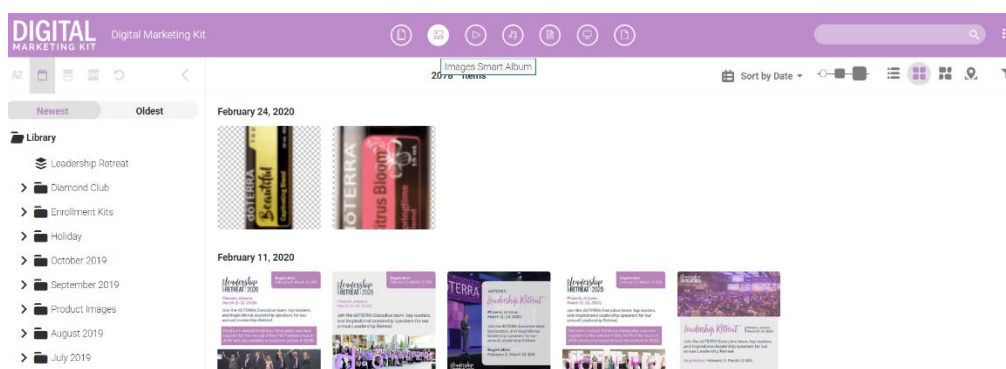


<https://labs.doterra.com/>

“dōTERRA Labs is a place to experiment with new Wellness Advocate tools. As we innovate and create new experiences, you can try them out here and give us direct feedback.”

DIGITAL MARKETING KIT

<https://doterra.canto.com/v/DigitalMarketingKit/>



dōTERRA SOCIAL

dōTERRA® | Social

<https://get.promorepublic.com/doterra-social/>

Manage all your social media in one place with dōTERRA Social.

- Take your business to the next level with dōTERRA Social
 - Get on-brand content, customization tools, and post scheduling, all-in-one place
- Save time by scheduling your social posts
 - Get a consistent content plan and preset time slots for the optimal reach and engagement of your posts
- Get easy to use templates for your social media posts
 - Find fresh editable templates created up to dōTERRA standards right in your Content Hub and calendar monthly
- Make your content as unique as you
 - Customize on-brand templates or upload your own lifestyle visuals using Graphics Editor

- Measure your social media results
 - Check the reach and engagement of your posts and pages.
- Get technical support whenever you need
 - Our expert managers will help you use the platform with maximum efficiency avoiding technical bottlenecks

LINK GENERATOR



Link Generator

Enter your Member ID and select the page you would like to link to.

This tool is for Wellness Advocate use only.

<https://labs.doterra.com/link-generator/>

Easily create and share personalised links for enrolment, products and information that will be attributed to your dōTERRA account.

OFFICIAL DōTERRA PODCASTS

ESSENTIAL OIL SOLUTIONS WITH DōTERRA



https://www.doterra.com/US/en/podcast?fbclid=IwAR1lu3tYd_MYyOGzTCZChjMWfuzoGHUDTXnjzjXMTscP4wV84rYID9ioeqM

iTunes: <https://podcasts.apple.com/au/podcast/essential-oil-solutions-with-doterra/id1450021177#see-all/customers-also-bought>

BUILDING YOUR BUSINESS WITH DōTERRA-EMPOWERED SUCCESS



iTunes: <https://podcasts.apple.com/au/podcast/building-your-business-with-doterra-empowered-success/id1464920506>

OFFICIAL dōTERRA SOCIAL MEDIA SITES

FACEBOOK

| | |
|--|---|
| US (dōTERRA Essential Oils) | https://www.facebook.com/doterra |
| Business (dōTERRA Business) | https://www.facebook.com/doterrabusiness/ |
| Slim & Sassy (dōTERRA Slim & Sassy Lifestyle Competition) | https://www.facebook.com/doTERRASlimandSassy/ |
| doTERRA Science | https://www.facebook.com/doterrascience/ |
| AromaTouch Technique | https://www.facebook.com/AromatouchTechnique/ |
| dōTERRA Healing Hands Foundation | https://www.facebook.com/doterrahealinghandsfoundation/ |
| doTERRA Spa | https://www.facebook.com/doterrainternationalspa/ |
| doTERRA Aceites Esenciales USA | https://www.facebook.com/doterrausespanol/ |
| doTERRA Essential Oils Canada | https://www.facebook.com/doterraca/ |
| dōTERRA Essential Oils Australia | https://www.facebook.com/doterraAU/ |
| doTERRA Business Australia and New Zealand | https://www.facebook.com/doterrabusinessaunz/ |
| doTERRA Essential Oils New Zealand | https://www.facebook.com/doterranzofficial/ |
| doTERRA International Japan | https://www.facebook.com/doterrajapan/ |
| doTERRA Essential Oils Malaysia | https://www.facebook.com/doterramalaysia/ |
| doTERRA Essential Oils Philippines | https://www.facebook.com/doterraPHofficial/ |
| dōTERRA TW 美商多特瑞台灣分公司 (Taiwan) | https://www.facebook.com/doTERRA.tw/ |
| 多特瑞事業 dōTERRA Business TW | https://www.facebook.com/doterrabusinessstw/ |
| doTERRA Essential Oils Singapore | https://www.facebook.com/doterraSingapore/ |
| doTERRA Essential Oils HK | https://www.facebook.com/doterrahk.zh/ |
| doTERRA Essential Oils South Africa | https://www.facebook.com/doterrasouthafricaofficial/ |
| doTERRA Essential Oils Europe | https://www.facebook.com/doterraeuropecorporate/ |
| doTERRA Europe - Corporate | https://www.facebook.com/doterraeuropecorporate/ |
| Emily Wright doTERRA | https://www.facebook.com/emilywrightdoterra/ |
| Dr. David K. Hill, DC | https://www.facebook.com/Dr-David-K-Hill-DC-109496256286/ |
| Greg Cook doTERRA | https://www.facebook.com/gregcookdoterra/ |

INSTAGRAM

| | |
|-------------------------------|---|
| dōTERRA | https://www.instagram.com/doterra/ |
| dōTERRA Healing Hands | https://www.instagram.com/doterrahhf/ |
| dōTERRA AromaTouch Technique | https://www.instagram.com/doterra_att/ |
| doTERRA Science | https://www.instagram.com/doterrascience/ |
| doTERRA Spa | https://www.instagram.com/doterraspa/ |
| doTERRA Canada | https://www.instagram.com/doterraca/?hl=en |
| dōTERRA AUS & NZ | https://www.instagram.com/doterraaunz/ |
| doTERRA Essential Oils (MY) | https://www.instagram.com/doterra_my/ |
| doTERRA Essential Oils SG | https://www.instagram.com/doterrasingapore/ |
| Taiwan | https://www.instagram.com/doterra_tw/ |
| doTERRA Essential Oils PH | https://www.instagram.com/doterra_ph/ |
| doTERRA Essential Oils Europe | https://www.instagram.com/doterraeurope/ |

TWITTER

| | |
|------------------|---|
| dōTERRA | https://twitter.com/doterra |
| Healing Hands | https://twitter.com/doterrahhf |
| doTERRA Science | https://twitter.com/doterrascience |
| doTERRA Spa | https://twitter.com/Spa_dōTERRA |
| doTERRA Malaysia | https://twitter.com/doTERRAMalaysia |
| doTERRA Japan | https://twitter.com/doTERRA_JAPAN |

OTHER

| | |
|--------------------------------------|---|
| Pinterest (dōTERRA Essential Oils) | https://www.pinterest.com.au/doterra/ |
| LinkedIn (dōTERRA International LLC) | https://www.linkedin.com/company/d-terra |

doTERRA OWNER SOCIAL MEDIA LINKS

Emily Wright doTERRA

Facebook: <https://www.facebook.com/emilywrightdoterra/>

Instagram: <https://www.instagram.com/wright2dream/> for latest update and fun!

Greg Cook doTERRA

Facebook: <https://www.facebook.com/gregcookdoterra/>

Dr. David K. Hill, DC

Facebook: <https://www.facebook.com/Dr-David-K-Hill-DC-109496256286/>

OFFICIAL dōTERRA YOUTUBE CHANNELS

- **dōTERRA Essential Oils** <https://www.youtube.com/user/doTERRAcorp>

Playlists

- Online Summit Series
https://www.youtube.com/playlist?list=PLp3VbOdUkkm3PZiNBFVue50JtS63tFY_I
- Where does doTERRA Source their Oils?
<https://www.youtube.com/playlist?list=PLp3VbOdUkkm39F9PW5KcYT0psj56GsyYI>
- doTERRA | Ways to use Essential Oils
<https://www.youtube.com/playlist?list=PLp3VbOdUkkm36wHC7ka9FyKbZf-VJyQfz>
- doTERRA | Empowered Life Series
https://www.youtube.com/playlist?list=PLp3VbOdUkkm3j-E47KpJ_t9vnwqgcubB

(check out the many other playlists there are available)

- **dōTERRA Australia & New Zealand**
<https://www.youtube.com/channel/UC7sDeN8Oc0QFyGnloTa67Ww>
- **doTERRA Essential Oils Europe**
<https://www.youtube.com/channel/UCW3jx6bOG2Qdc9NC1ULDD6A>

NON-dōTERRA WEBSITES

ESSENTIAL OIL UNIVERSITY

- <https://essentialoils.org/>
 - A leading education reference site regarding the chemical breakdowns of essential oils, absolutes, CO2's and other aromatic materials
 - Based on the work of Dr Robert Pappas
 - The largest online chemical reference database for essential oils in the world

AROMATIC PLANT RESEARCH CENTRE APRC



- <https://aromaticplant.org>
 - 3rd party tester of dōTERRA oils
 - APRC is a state-of-the-art laboratory that utilizes a variety of methods to detect adulteration and confirm the purity of essential oils
 - Our executive advisory board is internationally renowned for quality control testing and expertise within the essential oil industry
 - Facebook page: <https://www.facebook.com/AromaticPlantRC/>

AROMATOOLS (USA)



<https://www.aromatoools.com/>

- Sample bottles
- Emotions & Essential Oils book



- **Aromatools (Australia)** <https://au.aromatoools.com/>

OIL LIFE

- **USA:** <https://www.oillife.com/>
- **Australia:** <https://www.australia.oillife.com/>

ESSENTIAL EMOTIONS TRAINING FACEBOOK GROUP (CLOSED GROUP)

<https://www.facebook.com/groups/essentialemotions/>

ESSENTIAL OIL CONSUMER REPORTS FACEBOOK GROUP (CLOSED GROUP)

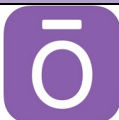

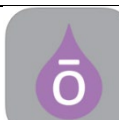
<https://www.facebook.com/groups/EOConsumerReports/>

ENVIRONMENTAL WORKING GROUP





<https://www.ewg.org/>

Check with your upline – they may have their own Facebook support group set up that you can join.

MOBILE PHONE APPLICATIONS - OFFICIAL

| | By | Comments |
|-----------------------------|---|---|
| Official dōTERRA app | Ensure you download the official dōTERRA App by InfoTrax. |  https://itunes.apple.com/au/app/doterra/id956782069?mt=8 www.tinyurl.com/doTERRA-App-Android |
| dōTERRA Events app | dōTERRA International, LLC |  https://itunes.apple.com/us/app/the-official-doterra-event-app/id1148743972?mt=8 <p>The official dōTERRA Events app lets you access, browse and manage your event agenda on the go. Think of it as a digital version of the event booklet, complete with speaker bios, meeting locations, updates and more.</p> <p><i>This app is only available on the App Store for iOS devices.</i></p> |
| dōTERRA Daily Drop | dōTERRA International, LLC |  https://itunes.apple.com/us/app/doterra-daily-drop/id1092276833?mt=8 |
| Amplify by Hootsuite | Hootsuite (in partnership with by dōTERRA) | <p>Amplify is an app created by Hootsuite that gives users access to unique content created by dōTERRA for Wellness Advocates to use on their own social media sites.</p> <p>Purchase the app in your back office. (Amplify Subscription SKU: 60200744) – US back office only at this stage. See more at: https://www.doterra.com/US/en/blog/building-amplify-tutorial#sthash.yRy3wfuD.dpuf</p> |

MOBILE PHONE APPLICATIONS – NON-OFFICIAL

| | | |
|--------------------------------|-----------------------------|--|
| The Essential Life – Oil Guide | Total Wellness Media |  <p>(Based on the Essential Life Book)</p> <p>https://itunes.apple.com/gb/app/my-essential-life/id1434661865?mt=8</p> |
| Essential Emotions | Essential Emotions LLC |  <p>https://itunes.apple.com/us/app/essential-emotions-reference/id1147824917?mt=8</p> |
| EoEbooks | Essentials of The Earth LLC |  <p>https://itunes.apple.com/us/app/eoebooks/id1264769388?mt=8</p> |
| droplii | John Harris |  <p>You need to subscribe to droplii for this app to work: visit https://droplii.com/</p> <p>https://itunes.apple.com/au/app/droplii/id910158457?mt=8</p> |

NON-OFFICIAL ESSENTIAL OIL & BUSINESS PODCASTS

This compilation of podcasts comes recommended by other business leaders (listed in no particular order)



HOL:FIT Talks - Ange Peters | Modern Supernatural Living

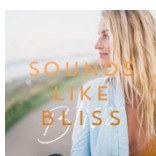
<https://podcasts.apple.com/au/podcast/hol-fit-talks/id1286923541>



doTERRA Success Coaching Calls

Natalie and Andy Goddard and Tiffany Peterson

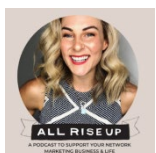
<https://podcasts.apple.com/au/podcast/doterra-success-coaching-calls/id744825014>



Sounds Like Bliss

Tara Bliss

<https://podcasts.apple.com/au/podcast/sounds-like-bliss/id1451446836>



All Rise Up - A Podcast to Support Your Network Marketing Business

Alice Nichols

<https://podcasts.apple.com/au/podcast/all-rise-up-podcast-to-support-your-network-marketing/id1202714768>



The Network Marketing Mindset

Deb Erickson

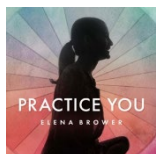
<https://podcasts.apple.com/au/podcast/the-network-marketing-mindset/id1377853181>



MLM Game Changer Secrets: The Podcast

Teresa Harding: MLM and Business Leader

<https://podcasts.apple.com/au/podcast/mlm-game-changer-secrets-the-podcast/id1467840483>



Practice You with Elena Brower

<https://podcasts.apple.com/au/podcast/practice-you-with-elena-brower/id1451462443>



Whole You, Consciously Creating a Business and Life You Love Podcast

Hayley Hobson

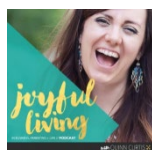
<https://podcasts.apple.com/au/podcast/whole-you-consciously-creating-business-life-you-love/id1322629354>



The Life Coach School

Brooke Castillo

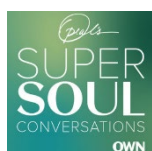
<https://podcasts.apple.com/au/podcast/the-life-coach-school-podcast/id870239631>



Joyful Living

Quinn Curtis: Mompreneur, Brand Strategist and Speaker

<https://podcasts.apple.com/us/podcast/joyful-living/id1030573459>



Oprah's SuperSoul Conversations

Oprah

<https://podcasts.apple.com/us/podcast/oprahs-supersoul-conversations/id1264843400>



EXPANDED Podcast with Lacy Phillips

Lacy Phillips

<https://podcasts.apple.com/us/podcast/expanded-podcast-with-lacy-phillips/id1419732648?mt=2>



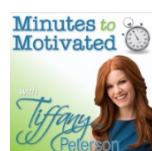
Superwomen we ain't

<https://podcasts.apple.com/au/podcast/superwomen-we-aint/id1390465418>



How to Fail with Elizabeth Day

<https://podcasts.apple.com/au/podcast/how-to-fail-with-elizabeth-day/id1407451189>



Minutes to Motivated with Tiffany Peterson

<https://podcasts.apple.com/au/podcast/minutes-to-motivated-with-tiffany-peterson/id966033330>



With Love, Danielle Danielle LaPorte

<https://podcasts.apple.com/ca/podcast/with-love-danielle/id1476600363>



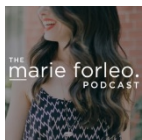
Women Seeking Wholeness with Cherie Burton

<https://podcasts.apple.com/au/podcast/women-seeking-wholeness/id1453232262>



The Irish Mummy – Rosie Copp

<https://podcasts.apple.com/ie/podcast/the-irish-mummy-podcast-work-life-balance/id1490008477>

**The Marie Forleo Podcast**

<https://podcasts.apple.com/au/podcast/the-marie-forleo-podcast/id1199977889>

MEDITATIONS

See the work of Dr Joe Dispenza

<https://drjoedispenza.com/collections/meditations-english?page=1>

- Breaking the Habit of Being Yourself book meditations
- Blessing of the Energy Centers #1 meditation
- Morning and Evening meditations
- Tuning in to New Potentials meditation
- Reconditioning the Body to a New Mind meditation

FOOD ALCHEMY

- **Website:** <https://www.foodalchemy.com.au/>
 - Oil resources <https://www.foodalchemy.com.au/oil-resources.html>
 - Food & recipes <https://www.foodalchemy.com.au/food.html>
 - Aromatic dressing <https://www.foodalchemy.com.au/aromatic-dressing.html>
 - Aromatic blends: <https://www.foodalchemy.com.au/aromatic-blends.html>

You are free to share anything from this website – we encourage you to do so!

- **YouTube channel (Paul and Vanessa Jean)**
<https://www.youtube.com/c/PaulandVanessaJean>
- **Facebook**
Food Alchemy with Vanessa Jean and Paul Ovens
<https://www.facebook.com/foodalchemypaulandvanessajean/>
- **Instagram**
Foodalchemy
<https://www.instagram.com/foodalchemy/>

PAUL AND VANESSA JEAN

- **Website:** <https://www.paulandvanessajean.com/>
- **Vimeo:** <https://vimeo.com/paulandvanessajean>
- **Eventbrite:** <https://www.eventbrite.com.au/o/paul-and-vanessa-jean-17627876373>
Please subscribe to this channel by clicking “Follow” so you are kept up to date with events.